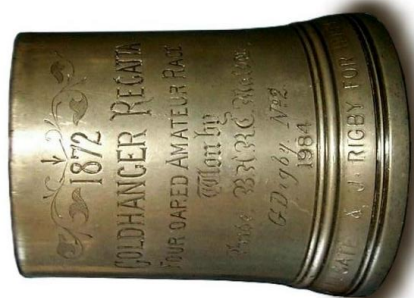


Trophies from the Past



Goldhanger Ploughing Cup



Goldhanger Regatta



Goldhanger Players



Gardening Society - Mens Cup



Gardening Society - Ladies Cup



Goldhanger Flower Show

130 Years of Goldhanger Parish Magazine

There has been a Parish Magazine since 1895 when the Revd. Frederick Gardner started it shortly after being appointed Rector at Goldhanger. In all those years there have only been a few breaks in publication, most notably during both World Wars.

All articles (ideally in PDF or plain text in an email) to be submitted by midnight on the 15th of March, and advertising (including For Sale and Wanted) by midnight on the 13th of March please. Please contact the editors if you have any questions about your article.

Magazine Editors: Stephen & Chris 788369
parishmag@goldhanger.org.uk

Advertising (for Magazine & Goldhanger Website) Carol advertising@goldhanger.org.uk

For Sale or Wanted - To list your items in the magazine the minimum donation is £1 per advert. If you would like to donate more it would always be welcome.

Please note: We cannot guarantee the delivery date of your magazine. Please bear this in mind when advertising functions at the beginning of the month.

This magazine is run entirely by volunteers and relies on donations and advertising to fund it. It costs approximately £1 per issue to produce. We print about 350 copies each month. Colour pages increase the total cost per issue by approximately £100.

Donations can be made at any time. Cheques made payable to **Goldhanger Parish Magazine** please - or you can go to the Goldhanger website and make a donation online.

You can **download the Parish Magazine** in glorious technicolour each month, including back issues, at: <https://www.goldhanger.org.uk/parish-mag.html> - and the links work in the PDFs.

Tide Times

<https://www.goldhanger.org.uk/index.html>

<https://www.tidetimes.co.uk/maldon-tide-times>



Trophies from the Past

In the days before car ownership, radios, television, foreign travel and the internet, residents were more involved in local entertainment and keen to participate in local club activities. One sign of that are the number of trophies that were once awarded for competitions held by the many clubs and societies that were based in the village. This month's front cover shows six such trophies that we have photos of and know a little about...

The Goldhanger Ploughing Cup

This was presented by the Rector, The Revd. Frederick Gardner to the winners of the annual ploughing matches between 1902 and 1906. William Bental's horse-drawn Goldhanger ploughs would have undoubtedly been used for these competitions. We know that the Goldhanger Friendly Brothers were involved in organising these annual competitions as most of their members were farm workers. Having spent 100 years in Canada with members of Goldhanger family the cup was returned to the village in 2022.

The Goldhanger Regatta tankard

The tankard is dated 1872 and was awarded for the "four oars amateur race" at the Regatta held in the Creek and the Estuary near "The Shoe" over a period of at least nine years from 1868 to 1876. Today the trophy is in the hands of the West Mersea Town Regatta and is awarded to the winner of a rowing race.

The Goldhanger Players Cup

This cup was presented to members of the Goldhanger Players dramatic society "for outstanding performances" and is dated 1933. The Village Hall didn't open until 1937 so they must have put on performances somewhere else before then.

Goldhanger & Little Totham Gardening Society Mens & Ladies Cups

These cups were awarded annually to members of Gardening Society around the 1950s. The men's cup was presented by R E Wakelin, a farmer who lived in Follyfaunts and the ladies cup was presented by Sir Gilmore & Lady Jenkins who lived in Goldhanger House. Sir Gilmour was a senior civil servant.

The Goldhanger Flower Show Cup

The flower show cup has the date of 1949 and was presented by Miss F Wakelin. Presumably there was an annual show in either the Church or the Village Hall.

Most of these cups are no longer in the village and were probably not of solid silver. There were undoubtedly once more in the village and there is a collection of similar plated cups in The Chequers that were awarded for games of darts, dominoes and cribbage. There are also two Goldhanger bellringer's trophies made of wood that are still awarded annually at Essex bellringing association competitions and occasional come back to the village.

for a list of over 50 local societies and clubs search for: *goldhanger past clubs*
www.churchside1.plus.com/Goldhanger-past/Societies.htm

David Newman

Goldhanger Village Hall



Now a newly modernised venue for birthday parties, discos, children's parties, quiz nights & theme nights.

Comfortably seats 80 people using our chairs and tables - you are welcome to bring your own enabling you to seat more.



See [Village Hall Calendar](#) for more details of events.

Pink recycling and green waste food bags are available 15 minutes before each Parish Council meeting every 2nd Wednesday of the month from 7.15pm

Gentle Yoga every Monday 7-8pm

Nikki Myers 07963 785718, youtimeyoga@live.co.uk

Chair Yoga every Wednesday 11am

Nikki Myers 07963 785718, youtimeyoga@live.co.uk

Parish Council second Wednesday of the month 7:30-9:30pm

Karate every Thursday 6-8pm

Art Club second Thursday of the month 2-4pm

Catherine 01621 788488

Film Club third Wednesday of the month (except July and August), doors open 7pm, film 7:30pm see *advert for details*

Village Hall Bookings

Contact Jackie Christy on 788432 or:
<http://www.goldhangervillagehall.co.uk/bookings/#form>

Web: www.goldhangervillagehall.co.uk

Facebook: [Goldhanger Village Hall](#)

X: [@Goldhanger_VH](#)

Hire charges		Goldhanger Resident Rate (per hour)	General Rate (per hour)
Monday-Friday	9.00 -18.00	£12	£14
	18.00 - 23.00	£17	£20
Saturday-Sunday	9.00 - 18.00	£17	£20
	18.00 - 23.00	£22	£27

Community Page

Goldhanger Sailing Club

www.goldhangersailingclub.org.uk

All types of sailing, including sailboarding and canoeing, with racing organised on Sundays during the season, there is something for everyone who loves the water.



Stamps for the Hospice

Your used stamps can be dropped in to the Hospice shops in Maldon or the Bentalls Centre in Heybridge.



Maldon District Council Monthly Surgeries

1st Saturday of the month at the Queens Head Tolleshunt D'Arcy. from 12 noon to 1pm.

Meet Tolleshunt D'arcy and Tollesbury Ward Councillors and/or raise issues or problems relating to local council matters.



Bellringing www.bellringing.org/learntoring/

Every Wednesday 7:30pm - 9:30pm and for services on Sundays. Newcomers welcome. Contact Sarah Scannell 07789 990942 or email goldhangerbells@outlook.com.



Mother's Union

4th Friday of each month at 1.45pm at Honywood Hall, Hall Road, Great Totham.



Coffee mornings

Community Room at St. Peter's Church on Tuesdays between 11am and 12noon. Everyone is welcome. Pop along, bring your friends, and have a chat over coffee.



Shanties in the Pub

Billiards room at the Chequers every other Tuesday (from 12th October) from 7pm.

Just join in the responses or take a lead as you wish. Ooo-Aaaar!



Goldhanger Church Services

Sunday 2nd March: 9.30am communion

Sunday 9th March: 10am lay led family service

Sunday 16th March: 9.30am communion

Sunday 23rd March: 9.30am communion

Sunday 30th March: 10am lay led service for Mothering Sunday

Weekday Holy Communion Services

Weekday Holy Communion service from The Book of Common Prayer

Every Wednesday at St Nicholas, Tolleshunt D'Arcy at 10.00am

And every Saturday at All Saints, Little Totham at 5.30pm

Please get in touch with Rosie Pollock or the churchwardens if you are considering baptism for yourself or your children, confirmation, and weddings
Please contact Rev'd Andrew or Rosie for funeral arrangements.

Parish Prayers

If you would like someone, an event or concern included in church prayers please contact Kim Evans or George Bunting. Votive candles are lit at Sunday Services.

Raise free donations for Goldhanger church through Easyfundraising

Go to <https://www.easyfundraising.org.uk/causes/stpeterschurchgoldhanger> and join for free.

Thank you for your support. Please contact Rosie Pollock, for any queries or help.

St. Peter's Church Goldhanger

Priest in Charge of the Blackwater Benefice*

Vacancy

Associate Priests

Reverend Sue
Godsmark

01621 891513
suegodsmark@aol.com

Reverend Sarah Clare

07762 840905 / 01621 868819
sarahclare9@gmail.com
01621 868415

Reverend Andrew Vince

andrew.vince15@gmail.com

Church Wardens:

Mr George Bunting

01621 929690
gvbunting@gmail.com

Mrs B Abrey

01206 384394

Benefice Administrator

Rosie Pollock

07908776750
office.blackwaterbenefice@gmail.com

(Please contact Rosie if you wish to book, a wedding, baptism etc. She is available on Tuesday and Thursday mornings. Messages left at other times during the week will be responded to at regular intervals)

Church flowers

Mrs Elaine Clark

788686
elaclark@me.com

* Goldhanger, Little Totham & Great Totham and Tollesbury, Salcott, Tolleshunt D'Arcy and Tolleshunt Major

St. Peter's Goldhanger website: www.st-peters-church.goldhanger.org.uk

Flags for March

Monday 10th March



Commonwealth Day

Sunday 20th March



Easter Day

Carpet Bowls

Carpet Bowls is on alternate Fridays in the Village Hall, starting on Friday 6th September and running through to April 2025.

Time: 1.45pm to 4.00 pm

No experience required, everyone welcome. Come along for a social and fun couple of hours.



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From the Editors



Thank you to everyone who has contributed to this issue of the Parish Mag.

You should have the donation envelopes included this month - they got missed last month unfortunately! Any donation, however small or large goes a long way to keeping the magazine going. Please pop a couple of quid in yours and

drop it through our door at 12a Church Street. Your generosity is much appreciated.

In this issue, you can read an article about the Goldhanger Kazen Kai Karate club from Hugh, Carol's preparation for the London Marathon this year, and a new local village cake honesty box.

There are a few events coming up this month, including Film Club and a pancake race. And don't forget to have a go at the Megabrain Wordsearch. There have been a number of entries and a few winners!

You can download the Parish Mag each month from www.goldhanger.org.uk. It's usually available a couple of days after the beginning of the month. The archive goes all the way back to 2015, when we took on editing the magazine.

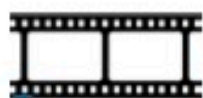
Chris and Stephen
Magazine Editors

Donation Envelopes

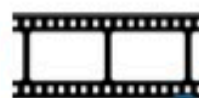
Don't forget to bung some cash (or a cheque) in your donation envelope and pop it into the address on the envelope.

We appreciate every penny you give and it all goes towards keeping the magazine bright and cheerful.

Thank you



Goldhanger Village Hall



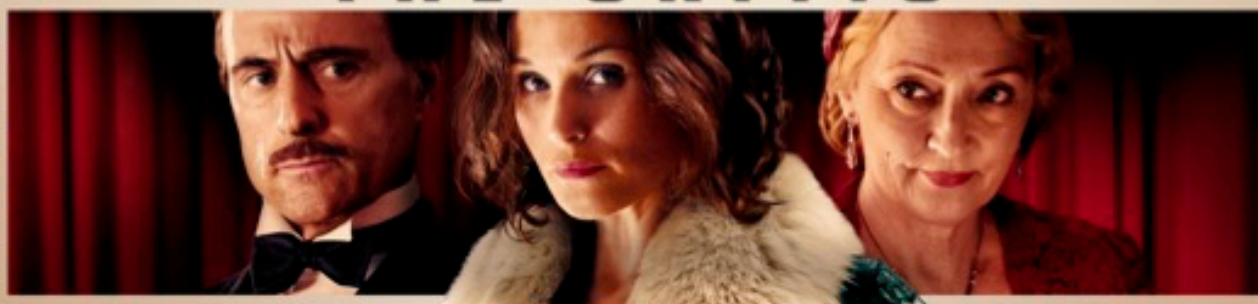
FilmClub

Wednesday 19th March

7pm for 7:30pm



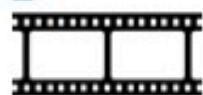
THE CRITIC



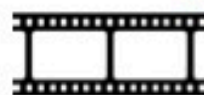
Set in 1934 London, Academy Award Nominee Sir Ian McKellen stars as a powerful London theater critic who lures a struggling actress into a blackmail scheme with deadly consequences. A suspenseful thriller co-starring Gemma Arterton, Mark Strong and Lesley Manville

£7 pay on the door (card or cash)

Plenty of parking behind the hall / lifts available from the village if required, contact Jill 788738 or Debbie 788709



Proceeds in support of the Village Hall, Head Street CM9 8AY



Celebrating 20 Years of Goldhanger Kazen Kai Karate Club

On October 14, 2004, I opened the doors to the Goldhanger Kazen Kai Karate Club, uncertain but hopeful about the journey ahead. Today, as we mark 20 years, I look back with immense pride at what we have achieved together.

Over the years, the club has trained 280 children and 90 adults, nurturing their skills, confidence, and discipline. A select few have gone on to earn their black belts—a monumental achievement that symbolizes their dedication and resilience. Watching students of all ages and abilities grow has been a great privilege.

Of course, it hasn't always been smooth sailing. The challenges of the COVID-19 pandemic tested our adaptability, and the village hall extension temporarily disrupted our routine. Yet, the strength of our community carried us through, proving the resilience of the Kazen Kai spirit.

Our involvement in village life has been a source of pride. From entering a Kazen Kai-themed Christmas tree in the Goldhanger church to showcasing our skills during the annual village Gala weekend, the club has always embraced its local roots. This year's Gala was especially memorable as the adult members surprised me with a special advanced kata to celebrate our 20-year milestone—a moment I will treasure forever.

The Kazen Kai association itself has also flourished. When we began, there was only one full-time training centre. Now, there are four local dojos, each contributing to a thriving karate community.

As I reflect on these two decades, I am filled with gratitude for every student, parent, and supporter who has been part of this journey. Here's to 20 years of Kazen Kai Karate in Goldhanger—and to the years ahead. Thank you for making this dream a reality.

Hugh Reynolds





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The BookTrust Storytime Prize was launched in 2019 to find the best book for sharing with children aged 0-5.

Last year's winner was **Are You a Monster?** by

Guilherme Karsten, why not come and be part of the vote for BookTrust Storytime's next best storybook!

Libraries will be running special storytimes where you can come along and enjoy the brilliant stories and be part of this exciting event.

Link: <https://library-events.essex.gov.uk/search?q=booktrust>

GOLDHANGER PARISH COUNCIL

Notes of the Parish meeting held on the 12th Feb 2025. Full minutes can be viewed on the website or village noticeboard once they have been approved at the next Parish Council Meeting.

www.parish-council.goldhanger.org.uk

clerk.gpc@outlook.com

Planning Applications

24/00891 Foundry Barns Maldon Road had been received after the agenda had been posted so The Clerk was seeking an extension to the response closing date

Decisions by MDC

24/00794/5 The Limes Head Street approved

Highway Matters

A member of the Highways team had visited Goldhanger recently and walked around the village looking at the drainage problems. They would now write to Landowners.

A new battery was awaited for SID

Other

Speedwatch Group had now been formed and the group were awaiting training

Telephone box was in a poor state. It was agreed to purchase a new door and glazing panels

Preparations were being made for the Annual General Meeting on the 9th April and it was hoped to have a speaker and that residents would attend

Auditor appointed for 2024/2025

Moat Housing had been chased regarding trip hazard on path and advised that path will be surveyed

Next Meeting on the 12th March 2025 at 7.30pm

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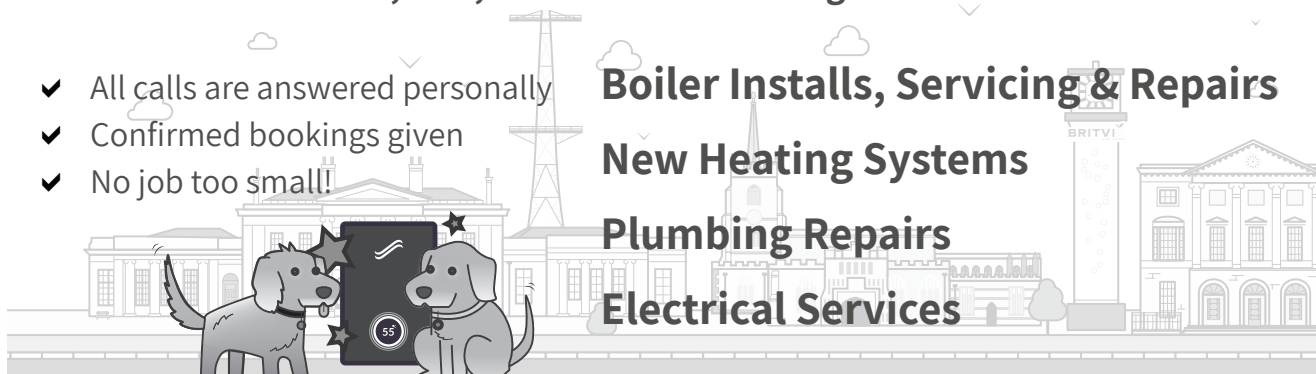
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Invites you to



Saturday 8th March

THE VILLAGE HALL

Doors Open 7.00 pm



Eyes Down 7.30 pm

A FUN FAMILY EVENING!

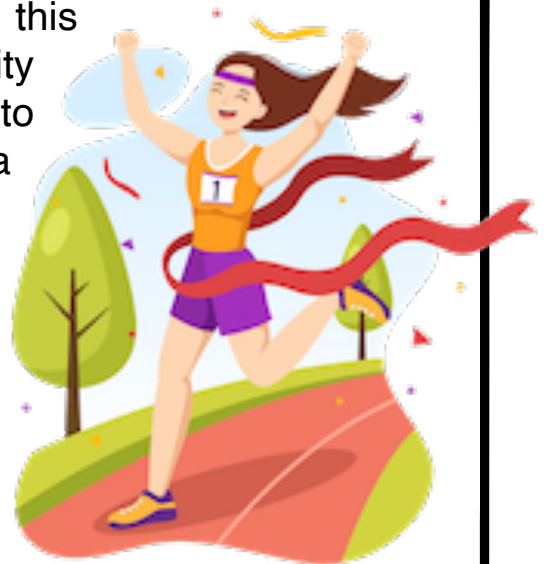


Bring your own drinks & nibbles
Refreshments & cakes will be served
in the interval

London Marathon 2025

Last June I found out that I had won a ballot place in the London Marathon! I really wasn't expecting to get in as over 840,000 people worldwide applied for approximately 17,000 ballot places (the rest of this year's 60,000 places are sold to charities). To say I was shocked is an understatement and I spent several days deciding whether this 74 year old body could make it through the training needed to even get to the start line let alone the finish. However, I thought it was worth paying for the place just to see how well a woman my age who, in spite of doing a little bit of running on and off for over 20 years, but never running more than 13 miles (very slowly), would do.

I'm fascinated by the power of belief and before I retired, my work (first as a Driving Instructor then as a Holistic Life Coach and Workshop Leader) reflected this. Consequently this marathon running journey is an ideal opportunity to learn so much about whether my will to complete whatever running challenge I set for a particular day, can overcome the negative self-belief challenging it. So far it has. My longest run to date is 16 miles and no one is more amazed than me. So when it comes to running at least, I think my imposter syndrome has finally gone. Watch this space for more updates.



~ Carol Bonard

Goldhanger Gala

Saturday 6th & Sunday 7th September 2025

We now have a few people meeting every month to help organise this much loved village event. Get the date in your diaries, invite family and friends, spread the word!

(eds: presumably meeting in the Village Hall?)

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Mothering Sunday

St Peter's Church,
Goldhanger

10 am, 30th March 2025



Join us to celebrate, remember and give thanks
for all mothers at our Family Church Service.

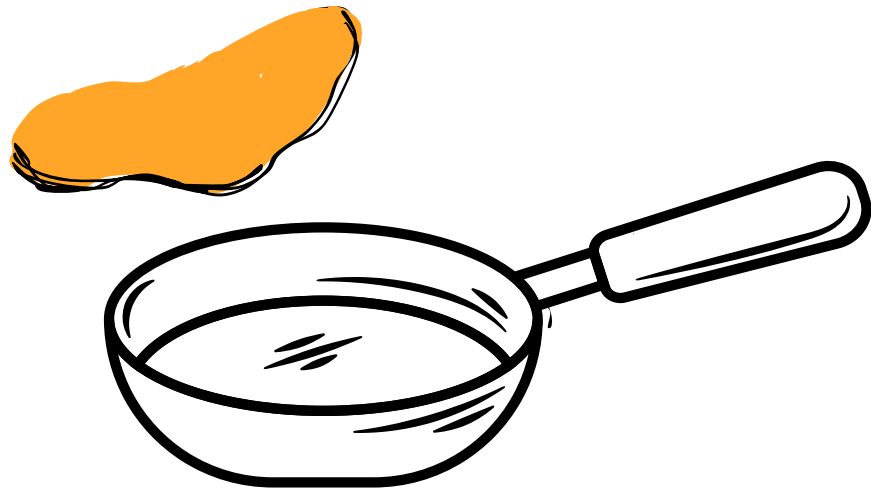
This service includes a presentation of flower
posies.

Everyone is welcome.

FUN PANCAKE RACE

SUNDAY 2ND MARCH

MEET IN THE CHURCH AT 10.20AM TO COLLECT A PANCAKE ,
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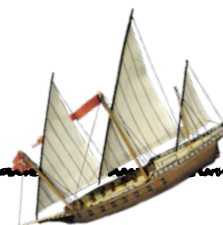
↓ See our article ↓

EssexVoluntaryBloodService.com

Word of the Month

Xebec: *noun*.

A small, three-masted ship.



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As I write this in February, I am wondering whether March will “Come in like lion and out like a lamb or in like a lamb and out like a lion” as the old saying goes, recognising the varied weather March brings us. It can be a wild month, I wondered if that was why it was named after the Roman god of war, Mars, but it turns out that, it quite simply meant that the weather was now suitable for Roman soldiers to get back to fighting again after the winter break! Another favourite saying is about the oak and the ash; “If the oak is out before the ash we are in for a splash. If the ash is out before the oak we are in for a soak”. It is supposed to forecast whether it will be wetter or drier in the days to come but it actually reflects that it has already been wetter as the ash likes rain and the oak will come in to leaf regardless of how wet or dry it is. However inaccurate these old sayings may be, it is fun to keep them going. “Whether the weather be hot or whether the weather be cold, we’ll weather the weather whatever the weather whether we like it or not”. Whatever the weather it is now Spring, an exciting time of year because, though there is nothing very colourful yet in the garden, snowdrops and the leaves of daffodils are all the more welcome. It is a time for new beginnings and plans for the future.

Officially the First Day of Spring is the 20th of March, that is the Spring Equinox when daylight and night time are the same length although signs of spring are already with us in February. I am not sure quite why there has to be an official day. It will soon be time for the Lenten Fast. Pancake day is early in March this year as Easter is the 20th April. The idea is that pancakes use up all the eggs that are not going to be put under the hen for hatching as, when lent begins, it is traditionally the right time to set eggs under a broody hen to hatch then in 21 days’ time one will see the little chicks peeking out from amongst the mother hen’s feathers. A good use for the eggshells from the pancakes is to use them to sew sweet peas, it is what my mother always did and when they are ready, she planted them straight outside in their place and she had spectacular sweet peas all summer.

The word Lent simply means ‘lengthening’ and was the word for the season of spring, sure enough, the Lenten Fast is during Spring time when the days are visibly lengthening. Nowadays the word lent refers only to the Lenten Fast recalling the 40 days Jesus spent on his own, fasting in the desert before he began his ministry; preaching, teaching, blessing and healing. For Christians it is the preparation for Good Friday when Christ’s crucifixion is remembered followed by the celebration of Easter. Fasting has been a central part of Christianity from the beginning. It is a luxury to have the choice of fasting or feasting. There are many people today who do not have the sufficient wherewithal with which to grow or purchase the food they need for themselves and their families on a regular basis. Strictly speaking every Friday is a fast day in the Christian calendar. Fasting is a discipline that is not an easy one to uphold. If it were easy, it would not be worth the effort. I wish you well with your fasting.

Isobel Doubleday

Authorised Local Preacher, St Peter’s Church, Great Totham

PERSONAL ANNOUNCEMENTS

If you would like a birthday or congratulations message included in the magazine then please let us know.

(See contact details inside front cover)

Photos and articles of village events are always very welcome.

The village magazine is supported only by our regular advertisers and your donations. That's it!

Any articles about the village or for the benefit of the village will always be included free of charge.

Whilst we try to include all other submissions these increase the cost of the magazine, therefore any donation you feel able to make for your personal interest article will be gratefully received.



Goldhanger Creek - We put bits like this in when there's nothing else to fill the page



Love your village!

Many of us pick up rubbish whenever we see it, whether out on a walk or just rubbish blown around that settles outside our homes.

There is no district funding for 'street cleaners' for our rural paths. So we would like to appeal to every one of you to help contribute to keeping our village tidy by picking up rubbish when you see it.

Many thanks to you in advance.
Julia and the Parish Council



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Essex & Herts Air Ambulance: How Gifts in Wills Enable 1 in 4 Missions

The legacy we leave behind reflects the choices we make and the values we hold dear. One significant way to carry your values forward is by leaving a gift to charity in your Will. For Essex & Herts Air Ambulance (EHAAT), these generous gestures fund 1 in 4 of the critical care missions carried out by their team across Essex, Hertfordshire, and surrounding areas.

March marks Gifts in Wills Month, raising awareness of how vital legacy gifts are to charities across the UK. At EHAAT, they not only ensure the charity can remain operational but enable its skilled doctors, paramedics, and pilots to continue delivering pre-hospital emergency care to patients in their most critical moments.

“These phenomenal acts truly make a difference to our patients and their loved ones,” explains Carmel Hudson, Legacies Manager at EHAAT. “Gifts in Wills have the power to save lives and serve as enduring legacies that will always be remembered.”

Legacy gifts bring personal benefits too. Many people find peace of mind in knowing their values will live on and continue to make a positive impact. Gifts in Wills are also tax-free, and if you leave more than 10% of your net estate to charity, the Inheritance Tax rate on the remaining estate is reduced from 40% to 36%. This can result in a greater portion of your estate reaching your loved ones while supporting a cause close to your heart.

Currently, only half of UK adults have a Will, often due to misconceptions about complexity or cost. However, making a Will is straightforward and can offer peace of mind. EHAAT partners with three free Will-writing providers, offering services online, with local solicitors, or through home visits to ensure the process is simple.

With limited government funding and no National Lottery support, EHAAT relies on the goodwill of its community to deliver life-saving care. Every legacy gift makes a difference, ensuring EHAAT can continue to respond to those in critical need.

To learn more about Gifts in Wills or access free Will-writing services, visit ehaat.org. Your legacy could save lives for generations to come.

ALL NEW(ish) Megabrain Wordsearch 2 – Birds 1

Unfazed by solving wordsearches from a list? Need a REAL challenge?

Then try this for size! 22 one-word water based British birds are hidden in the grid below. But there is NO LIST to help you! THEN, when you've found them all, the 30 unused letters read as a clue. Answer that and email it to pfrench2@hotmail.com to be immortalised in next month's magazine! Good luck!

I've done a couple of short 'diffies' this time - diagonals – KNOT & TEAL as both are on my birdbath as I write! Watch out for land based birds in May! Next month though you may wish to bone up on the human skeleton!

K	N	L	G	G	A	R	G	A	N	E	Y
C	I	L	A	I	C	M	E	R	C	K	U
O	F	A	N	R	L	U	E	P	N	Y	D
N	F	W	N	B	I	T	R	O	P	R	L
N	U	D	E	M	T	T	T	L	A	I	D
U	P	A	T	I	O	L	E	L	E	O	D
D	R	G	B	O	L	O	L	D	T	W	U
G	T	E	C	O	V	A	R	T	S	E	N
A	N	U	D	M	M	E	E	H	M	P	L
H	N	I	U	I	S	R	P	T	E	I	I
S	C	A	U	P	E	H	A	E	W	N	N
O	P	F	U	L	M	A	R	U	S	S	!

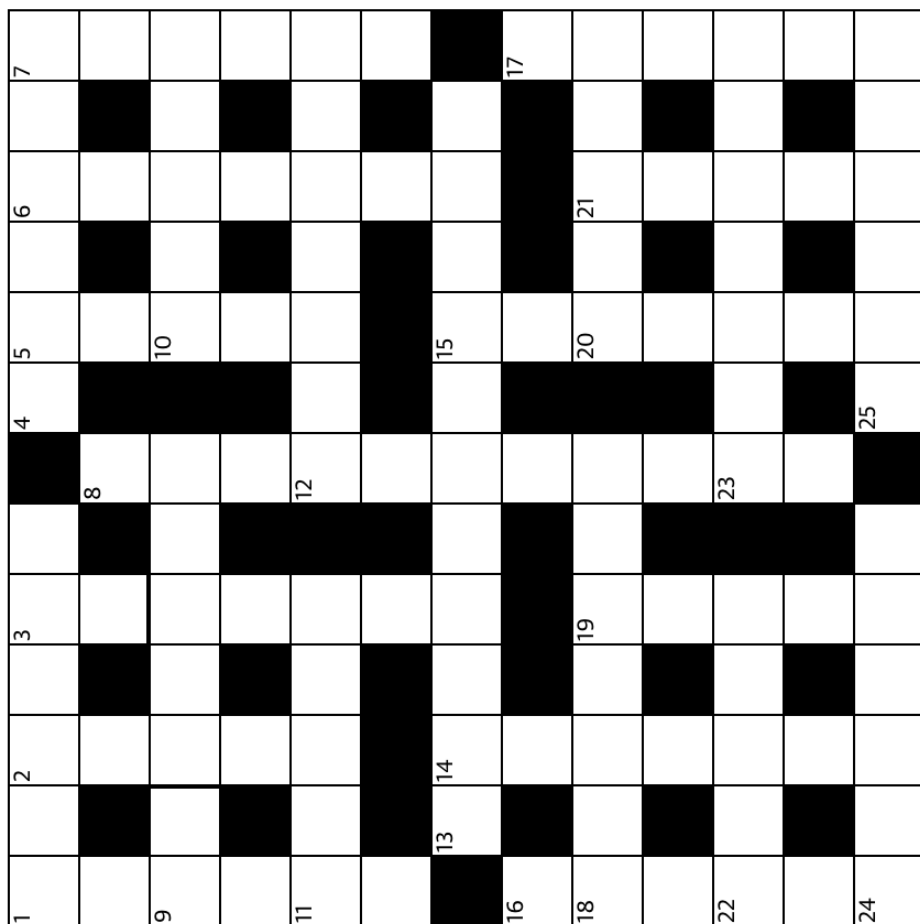
Note: Usual rules apply – diagonal, horizontal and vertical words forwards and backwards, letters used more than once

NB. This month's answer has 8 letters

Last month's hidden 'BIBLE' question was 'WHAT'S THE LAST OT BOOK?' Answer: MALACHI
The OT hidden books were (horiz.) Genesis, Proverbs, Joel, Judges, Isaiah, Esther (vert.) Hosea, Psalms, Chronicles, Deuteronomy, Numbers, Leviticus, Samuel, Jonah, Amos, Job, (diagonal) Ezra, Ezekial, Exodus, Ruth, Kings, Joshua

Correct answers were received from Carole Russell (2), Ian Moore (2), Chris Rowland (2) – well done!

(**Nos in brackets indicate points gained towards Grand Christmas Megabrain Wordsearch Reward**)



Across

- 1** Hardy (6)
4 Sculpting tool (6)
9 Split the bill (2,5)
10 No different (5)
11 Rotating tool (5)
12 (Sometimes pickled) onion (7)
13 Maker of rolling items (11)
18 Struck instruments (7)
20 Pool (5)
22 One acting on behalf of another (5)
23 Blow up (7)
24 Snazzy and suspicious? (6)
25 Receive online video data (6)

Down

- 1** Amuse with stories (6)
2 Bathroom cleaner (5)
3 Ha! (2,5)
5 Hysterical carnivore? (5)
6 Welly in mud sound (7)
7 Nabokov title character (6)
8 Spooky author posing as another? (11)
14 Swinging bed (7)
15 Pen smudge (7)
16 Daze (6)
17 Venue hosting educational shows (6)
19 Hellhole (5)
21 Steer (anag) (5)

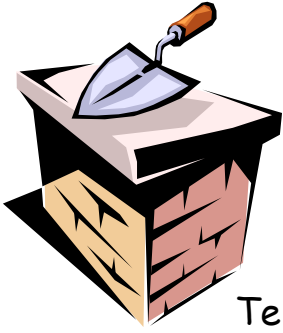
Answers next month

Online games and puzzles to keep you amused

Online games and puzzles: <https://www.games.co.uk/games/puzzle>

Online jigsaw puzzles: <https://www.jigsawplanet.com/>

Online brainteasers, maths puzzles, word games, sudokus and memory games: <https://www.mindgames.com/>



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Children's Pages

Kids Quiz

1. What sort of toy is a round plastic disc that you can throw and catch?
2. Starting with the letter 'E', what do we call a river's mouth where it widens into the **sea**?
3. **What is another word** for elevator?
4. Starting with the letter 'A' what is one of the highest ranks in the navy?
5. What name is given to the common blinds that we open and close on windows?
6. What colour are the flower of the buttercup?
7. In a Daniel Defoe book, who got stranded on a desert island for many years?
8. What do we call the space found directly below the roof of a house usually above the bedroom ceilings?
9. How many arms does an octopus have?
10. Which animals make a noise that sounds like laughing?

Answers on page 36

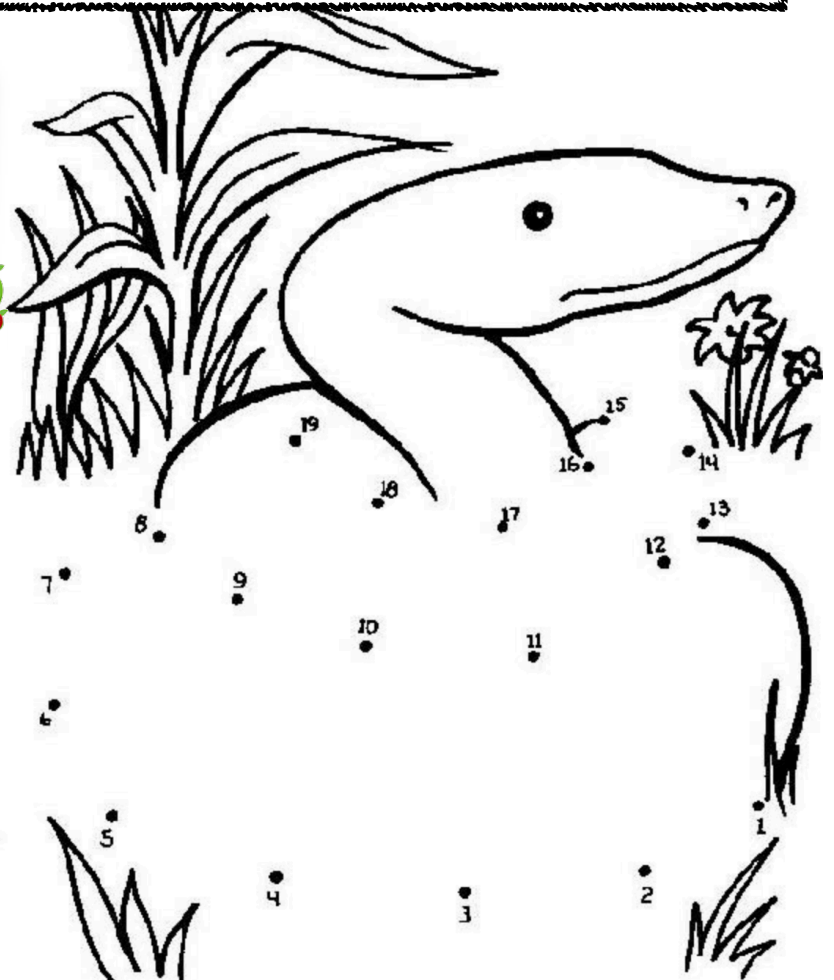
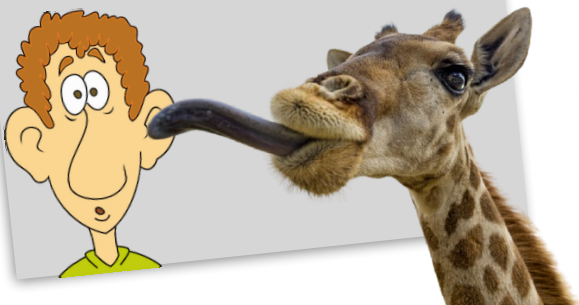
What do you get hanging from Apple trees?

Sore arms.



DID YOU KNOW?

A giraffe can clean its own ears with its 21 inch tongue



Children's Pages

(Adults can join in too)





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Fence & gate repairs
Paving & patios

Recipe of the month

Cashew Nut & Mushroom Loaf

Can be served cold with salad and potatoes or hot with roast potatoes and vegetables.

Preparation time

About 10 mins

Cooking time

About 40 minutes

Serves

Serves 4 to 6



Ingredients

- 250g cashew nuts blitzed in blender
- 2 crusts of wholemeal bread blitzed in blender
- 1 medium onion chopped finely
- Celery chopped finely
- 100g mushrooms chopped
- 250ml hot vegetable stock
- 1 tablespoon marmite
- 1 heaped teaspoon mixed herbs
- Olive oil

Method

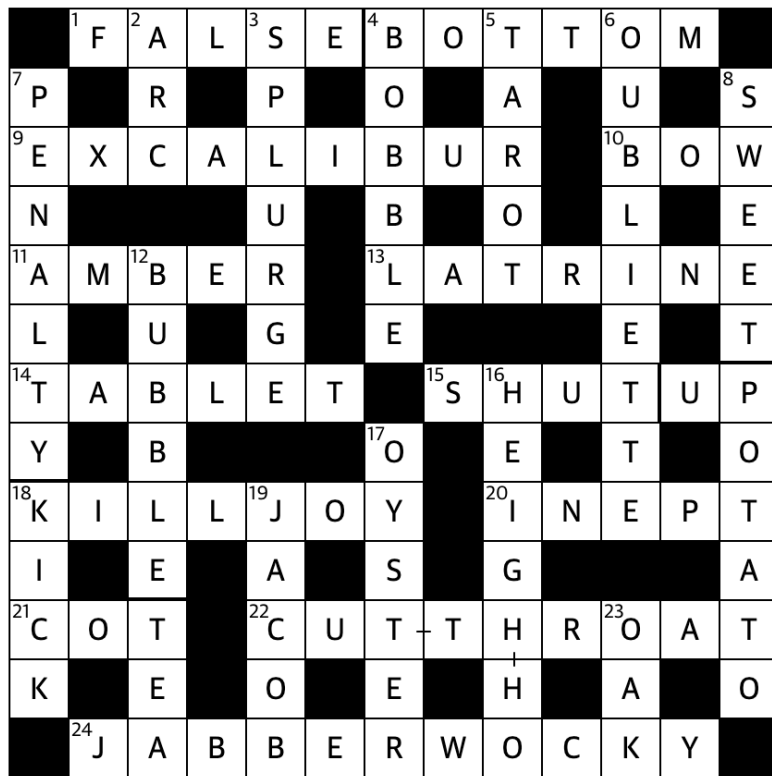
1. Preheat Oven 180°C and line a greased loaf tin
2. Combine blitzed nuts and breadcrumbs
3. Fry onion celery and mushrooms
4. Melt marmite in hot stock and mix in herbs
5. Mix all together with nuts and breadcrumbs
6. No need to season
7. Put into lined loaf tin and cover with foil
8. Cook 30 minutes covered then uncover for about 7 minutes
9. Allow it to cool down before taking out of tin
10. Enjoy



Recipe courtesy of Jackie Christy.

Thanks very much Jackie, 👍 If you have a simple quick recipe to share please send it to the Editors.

Answers to February crossword



Answers to Kids Quiz on page 32

1. Frisbee
2. Estuary
3. Lift
4. Admiral
5. Venetian Blinds
6. Yellow
7. Robinson Crusoe
8. Attic
9. Eight arms
10. Hyenas

Website of the Month

Your editors present a quirky, interesting, surprising or who-knows-what web site that may be of interest. Hand-curated by your intrepid cybernaut navigators Chris and Stephen 😊

<https://ncase.me/trust/>

An interactive playground that unravels the mysteries of trust using something called the Prisoner's Dilemma. The website breaks down complex ideas into a fun and engaging experience.



Oven temperature conversions

Centigrade	Farenheit	Gas Mark
140°C	275°F	1
150°C	300°F	2
160°C	325°F	3
180°C	350°F	4
190°C	375°F	5
200°C	400°F	6
220°C	425°F	7
230°C	450°F	8
240°C	475°F	9

Mobile Library dates & times

Dates	Location	Stop name	Arrives	Leaves
2025	Ulting	Doe's Corner	9:40	9:55
5th March	Ulting	Ulting Lane/Water Co. Houses	10:00	10:15
26th March	Heybridge	Colne House	10:45	11:15
16th April	Heybridge	Coopers Avenue	11:20	11:50
7th May	Heybridge Basin	Bus Stop	12:00	12:15
28th May	Heybridge Basin	Daisy Meadows car park	12:20	12:50
18th June	Goldhanger	Village Hall	13:10	13:40
9th July	Heybridge	Plantation Hall	14:45	15:15
30th July	Langford	Little Hills	15:30	16:00
20th August				
10th September				
1st October				

What goes where?



Essex Police Contacts

Call 999 (emergency) if:

- A crime is in progress
- Person suspected of a crime nearby
- There is a danger to life
- Violence is being used or threatened

Call 101 for any non-emergency contact with the Police. This number covers all of England and Wales but you get the option to speak to Essex Police. Alternatively you can report a crime and more at <https://www.essex.police.uk/do-it-online/>

The Goldhanger Neighbourhood Watch email system is free & confidential. It sends emails with information & advice on current issues in the village. Contact goldhangernw@outlook.com for more information.

**Our collection day is Tuesday;
Landfill and Recycling on alternate weeks.**

**Last post collection times:
9am Monday to Friday 7am Saturday**

Crimestoppers

0800 555 111

You can contact them anonymously with information about crime

BUS TIMETABLE

Monday to Friday

95 Tollesbury to Maldon	Hedingham Omnibus			
Tollesbury, adj The Square	09:20	11:30	14:30	16:05
Tolleshunt D'Arcy The Red Lion (near)	09:25	11:35	14:35	16:10
Goldhanger House (o/s)	09:30	11:40	14:40	16:15
Heybridge, adj Osea Road	09:35	11:45	14:45	16:20
Heybridge, o/s Mill Beach Hotel	09:37	11:47	14:47	16:22
Heybridge, opp Church	09:40	11:50	14:50	16:25
Maldon Tesco Store (Stop 1)	09:43	11:53	14:53	16:28
Maldon, o/s The Swan Hotel	09:46	11:56	14:56	16:31
Maldon, o/s Blackwater Leisure Centre	09:50	12:00	15:00	16:35
Maldon Morrisons Wycke Hill (entrance)	09:55	12:05	15:05	16:40

95 Maldon to Tollesbury	Hedingham Omnibus			
Maldon Morrisons Wycke Hill (entrance)	08:25	10:40	12:50	16:45
Maldon, opp Blackwater Leisure Centre	08:30	10:45	12:55	16:50
Maldon, opp The Swan Hotel	08:35	10:50	13:00	16:55
Maldon Tesco Store (Stop 1)	08:39	10:54	13:04	16:59
Heybridge, o/s Church	08:43	10:58	13:08	17:03
Heybridge, opp Mill Beach Hotel	08:46	11:01	13:11	17:06
Heybridge, opp Osea Road	08:48	11:03	13:13	17:08
Goldhanger House (opp)	08:53	11:08	13:18	17:13
Tolleshunt D'Arcy, opp The Red Lion	08:58	11:13	13:23	17:18
Tollesbury, adj The Square	09:03	11:18	13:28	17:23

The Blackwater Link - 90

Runs from Morrisons in Maldon to Witham Ebenezer Close (passes Witham Station)
Take the 95 to Bentalls and pick up the 90 there.

For more details contact 01702-541511

BUS TIMETABLE

Saturday

95 Tollesbury to Maldon	Hedingham Omnibus			
Tollesbury, adj The Square	09:00	11:00	13:00	14:40
Tolleshunt D'Arcy The Red Lion (near)	09:05	11:05	13:05	14:45
Goldhanger House (o/s)	09:10	11:10	13:10	14:50
Heybridge, adj Osea Road	09:15	11:15	13:15	14:55
Heybridge, o/s Mill Beach Hotel	09:17	11:17	13:17	14:57
Heybridge, opp Church	09:20	11:20	13:20	15:00
Maldon Tesco Store (Stop 1)	09:23	11:23	13:23	15:03
Maldon, o/s The Swan Hotel	09:26	11:26	13:26	15:06
Maldon, o/s Blackwater Leisure Centre	09:30	11:30	13:30	15:10
Maldon Morrisons Wycke Hill (entrance)	09:35	11:35	13:35	15:15

95 Maldon to Tollesbury	Hedingham Omnibus			
Maldon Morrisons Wycke Hill (entrance)	09:55	11:55	13:55	16:25
Maldon, opp Blackwater Leisure Centre	10:00	12:00	14:00	16:30
Maldon, opp The Swan Hotel	10:05	12:05	14:05	16:35
Maldon Tesco Store (Stop 1)	10:10	12:10	14:10	16:40
Heybridge, o/s Church	10:15	12:15	14:15	16:45
Heybridge, opp Mill Beach Hotel	10:17	12:17	14:17	16:47
Heybridge, opp Osea Road	10:19	12:19	14:19	16:49
Goldhanger House (opp)	10:25	12:25	14:25	16:55
Tolleshunt D'Arcy, opp The Red Lion	10:30	12:30	14:30	17:00
Tollesbury, adj The Square	10:35	12:35	14:35	17:05

Hedingham Omnibuses:

01206 769778
www.hedingham.co.uk

Stephenson's Buses:

For the Blackwater Link - 90
01702 541511 (0900-1730)
www.stephensonsofsex.com

HEALTH

Blackwater Medical Centre	876760
Longfield Medical Centre	876433
Tollesbury Surgery	869204
St Peter's Hospital <i>NHS</i> (Maldon - no A&E)	725323
Broomfield Hospital <i>NHS</i> (Chelmsford, has A&E)	01245 362000
Colchester General Hospital <i>NHS</i> (has A&E)	01206 747474
NHS Advice (non-emergency)	111

LOCAL PUBLIC SERVICES

Maldon District Council	854477
Job Centre Chelmsford	0845 606 0234
Local Police (non-emergency)	101 (<i>puts you through to Essex Police</i>)

HELP & ADVICE

Maldon Citizens Advice Bureau	841195
Social Services	08457 430 430
Victim Support (charity for victims of crime)	08 08 16 89 111
Women's Aid	01245 493114
Alcoholics Anonymous	01904 644026
Childline	0800 1111
Universal Credit Helpline	0800 328 5644
Salvation Army	853942
Gingerbread (Charity for single parents)	01245 352708
Outhouse East (LGBT Charity)	0345 123 23 88 (<i>7pm-10pm weekdays</i>)
National Domestic Abuse/Violence Helpline	0808 2000 247 (<i>open 24 hrs, every day</i>)

ELECTRICITY & WATER

UK Power Networks	0800 783 8838
Anglian Water (Sewage flooding)	03457 145 145
Essex & Suffolk Water	0345 782 0999

TRAVEL

National Rail Enquiries	0845 748 4950
Hedingham Omnibuses Ltd	01206 769778 or 564581
Regal Busways	01245 249001
First Eastern National Buses	0845 678 2977
Bus Station Chelmsford	01245 263859
Bus Station Colchester	01206 572478
Stansted Airport	0844 335 1803

SPORTS CENTRES

Blackwater Leisure Centre	851898
Witham Leisure Centre	0845 260 1535

