



# Launch Event

## Social Farming Day Placements for Adults with Learning Disabilities



## Monday 10th September 2pm

**2pm - Arrival and coffee**

**2.15pm - Introduction by Spencer Christy, Farm Director:**

**"The therapeutic benefits of social farming & the ethos at Lauriston Farm"**

**2.35pm - Any questions?**

**2.50 - Observe workshops in action:**

*rural crafts*

*sheep husbandry*

*commercial horticulture*

*wheelchair gardening*

*cookery*

**4pm - Tea, cake and networking**



## Enjoy an afternoon on the farm!

## Lauriston Farm, Goldhanger, Essex CM9 8AH

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